

Brother Andre Learners Involvement

May 2018

Personal Code: 008002-0066

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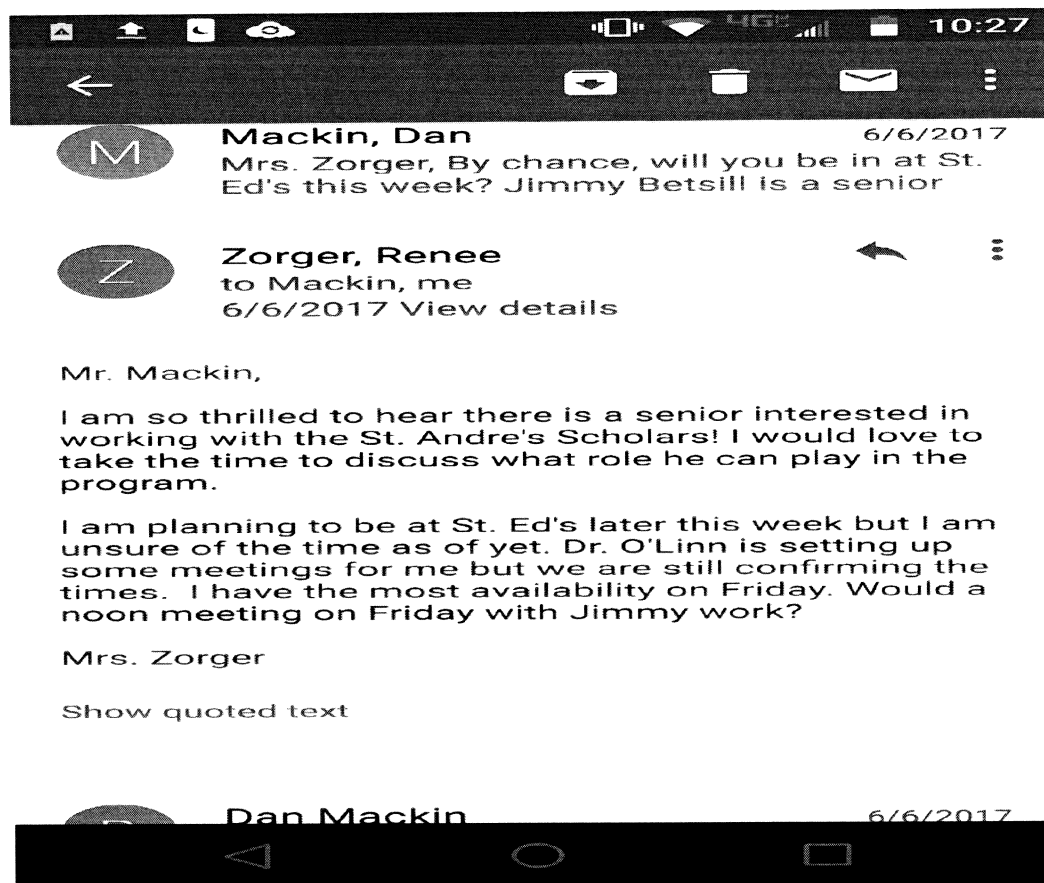
### **CAS Project Reflection Essay**

Throughout this entire experience I have used this opportunity to grow and develop some of my personal characteristics. My creativity and ingenuity have been enhanced by the creativity part of the project. My outgoingness has been increased as a result of the activity part of the project. Finally, my compassion has been strengthened as a result of service component of the project. I did have several challenges throughout this project, most notably seeing the difficulty of adjusting students with special needs to a high school setting. One thing I would most certainly do in this project again is make sure that there is a lot of involvement on the football team for the Brother Andre Learners, but I would probably change my project to try and get the Brother Andre Learners very involved prior to the beginning of the school year to help them get acclimated to this new setting. I believe that my project had a huge impact on the St. Edward community by getting the student body familiar to the new students and mental disabilities such as autism or down syndrome in a way that they may not have been used to before this school year. I believe this also was a key to the success of the new special needs students at the high school was the collaboration from several students in all grades at St. Ed's to make sure that these new special needs students could become full members of the community. One thing that I did learn from this project is that I need to always show my support for everyone around me whether that be a student, teacher, parent, or even a person I have never met before. In general, this was an amazing project for me to be a part of and I wish to participate in helping a similar group like the Brother Andre Learners in the future.

Entry #1 April 21st, 2017: For the past week I have been helping the advancement office raise donations through the annual phonathon. For this event I have been calling former alumni across the country to ask for donations to Ed's to the annual advancement fund which provide scholarships to students. I do this every year and it makes me so happy to do this activity every year. One thing I have gotten out of this event is building relationships which I have made several of as a result of doing this for as long as I have. I am also proud to do this as I am proud to be an Edsman and want to give as much back as I could to my great high school for all the opportunities it has given me. This event has developed a sense of gratitude and the need for me to give back greatly what I can.

Entry #2 May 7th, 2017: This weekend I spent my time helping assist one of our teachers with the graduation ceremonies. I mainly spent my time handing out fliers but I found some other joy from this experience, it gave me some motivation. I was so happy to see those seniors walk together to their diplomas and it gave me a sense of motivation to do better in school. I for the first time ever got a sense of what I am working to, why I am working on everything I do. It has given me a sense of motivation to do well in my quest for my IB diploma and showed me the great accomplishments I am working towards. This was one of the moments that make me want to stay focused on the great program I'm in and do well and I hope I can do more service like this again.

Entry #3 June 6th, 2017: Recently I have met with Mr. Mackin, my supervisor of my service project to try and straighten out details about my involvement. While we are still just on the specifics, I believe that we have made substantial progress since the inception of the idea. This has been a very tough start though. Unlike most service projects, this is a brand new program at St. Ed's, the special needs program. So one struggle so far is attempting to settle on the details of my project, mainly because there aren't many. We are starting to progress though as I hope to meet with Mr. Mackin and Dr. O'Linn more soon to hammer out the details and it sounds as if the program development is making progress for next year.



Entry #4 June 21st, 2017: I recently had the opportunity of getting to meet the new teacher for the Br. Andre Learners Program and we had a wonderful opportunity to discuss what my role of leadership would be on the project. While we also discussed possible assistants for the program, we determined that my role would for the moment be in charge of the students that are helping the special needs students. We also decided that I would be in charge of creating a special event for the new students, which we thought could possibly include being manager for a day, or having a special lunch for the new students. Hopefully, I will be able to create a special way to welcome our new students into our school community.



Entry #5 July 4th , 2017: Another new aspect of the project that has began recently is using one of the new special needs students as a manager for the football team. This new initiative plays to my strengths being the head football manager as it makes it easier for me to help integrate our new student into this activity. This is one of the few parts of my CAS project where I am in a comfortable position because it is the only part of my project that I know for sure was going to happen down to the specific details whereas there are a lot of question marks still surrounding my project. This has given me some stability in my CAS project which is something I needs especially with how busy I have been this summer.



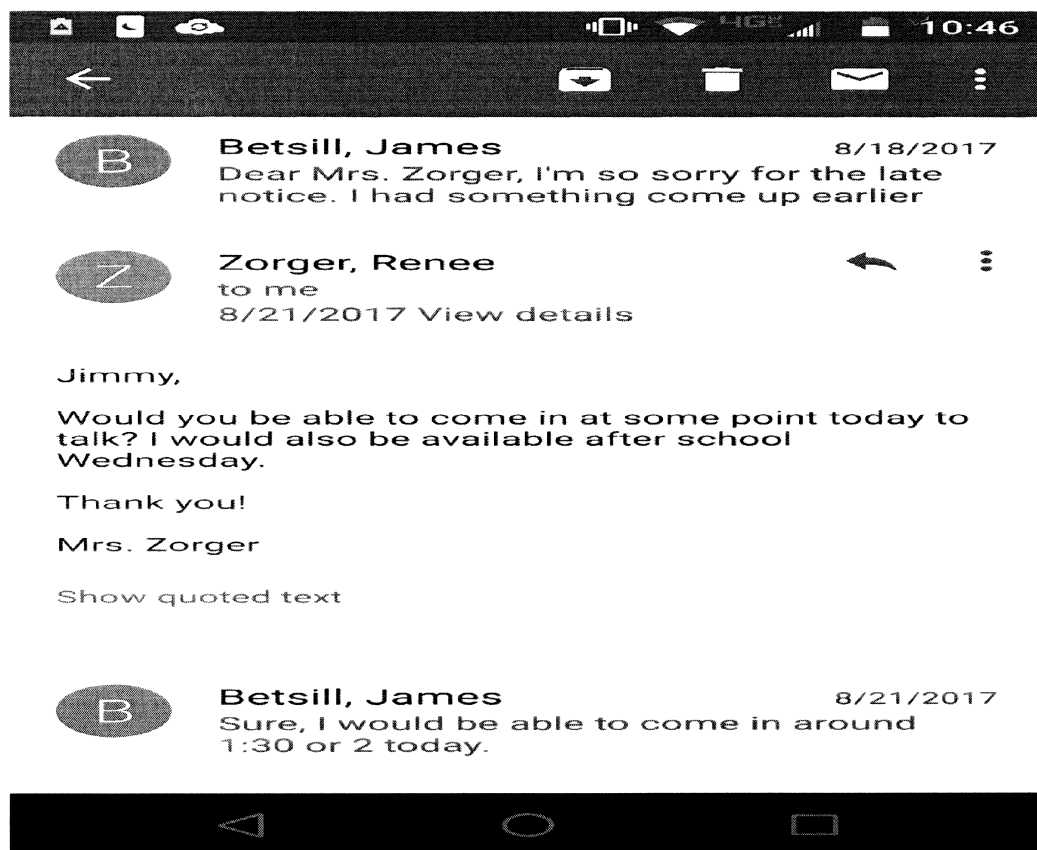


Entry #6 July 21st, 2017: The summer has been long and fun so far as well as the beginning of preparing for football season. I have returned from my international travels to be in attendance for our second mini camp of the year in which shortly we will begin two-a-days. What is new for me this year in managing football is that I am the new head manager and with that adds to me a lot of responsibility. I hope to improve and get better this season by putting more effort in this year in terms of preparation for games by watching more film and by taking a bigger role of responsibility as head manager this year.

Position Mtgs	8:00	20 min	GO OVER EMPHASIS OF DAY AND INSTALL
Pre-Practice	8:20	10 min	SPECIALTIES, QB/Center Exchanges-2 Line Drill, Special Teams Circuit
Per 1	8:30	10 min	POSITION WARM-UP (Have a Plan-this is extra INDY)
Per 2	8:40	15 min	FLEXIBILITY
Per 3	8:55	50 min	TEACH-INSTALL/INDY/GROUP - Offense/Defense Separate Sides-make own plan
Per 4	9:45	15 min	INSIDE RUN/ 2 on 2's
Per 5	10:00	10 min	GROUP PASS PRO/ PERIMETER DRILL
Per 6	10:10	20 min	SKELLY/ 1 on 1 PASS PRO or RUN BLOCKS
Per 7	10:30	30 min	SPECIAL FORCES
Per 8	11:00	25 min	TEAM MULTIPLE GROUPS - TAG OFF & FINISH RUN/PURSUE
Conditioning	11:25	15 min	
Announcements	11:40	5 min	
Break	11:45		Lunch - Film Review
Lift	12:30		Weight Room - Auggie
			**1/2 LINE can be substituted in Per 4, Per 5, or Per 6
			**Times and order can vary based on day and emphasis
<b>10th GRADE</b>			
Lift & Stretch	11:30	60 min	Auggie
Pre-Practice	12:35	10 min	SPECIALTIES, QB/Center Exchanges, 2 Line Drill; Punt Return Circuit (Adam Williams)
Per 1	12:45	10 min	POSITION WARM-UP (Have a Plan-this is extra INDY)
Per 2	12:55	20 min	SPECIAL FORCES/INDY for all others
Per 3	1:15	40 min	TEACH-INSTALL/INDY/GROUP - Offense/Defense Separate Sides-make own plan
Per 4	1:55	15 min	SKELLY/ PASS PRO
Per 5	2:10	25 min	TEAM MULTIPLE GROUPS - TAG OFF & FINISH RUN/PURSUE
Announcements	2:35	5 min	
			**Times and order can vary based on day and emphasis

Entry #7 August 18th, 2017: Today I did a unique service project unrelated to my CAS project. I went pall bearing for a woman who had recently passed away and didn't have enough immediate family. I felt very emotional as this was my first funeral I had ever been to. Part of the reason I felt very emotional about this funeral is that it reminded me of the death of my great Aunt Teresa's funeral. I drove 9 hours to see her wake on Friday and then left at 6 am the next morning to make the 9 hour drive back to Cleveland to come back for the Ed's - Ignatius game where we were blown out 35-7. I believe one thing I have learned from this experience and from this CAS project is how to deal better with emotions that I have built up within me, and I hope to grow from these experiences.

Entry #8 August 20th, 2017: Prior to the start of the school year I met once again with the new special needs teacher Mrs. Zorger and we discussed how I could continue to fulfill my CAS requirements and work collaboratively on the project. What we determined is that I would be working with other students during the community period who would spend time doing activities with the special needs students to help them get involved in student life. What we decided is that everyone who volunteered to assist the program during the community period would be given a specific community period to interact and be with the students and I would work during one of those periods. This really began to give me an understanding of how this project required more than me to be effective and provide a great environment for our new students.



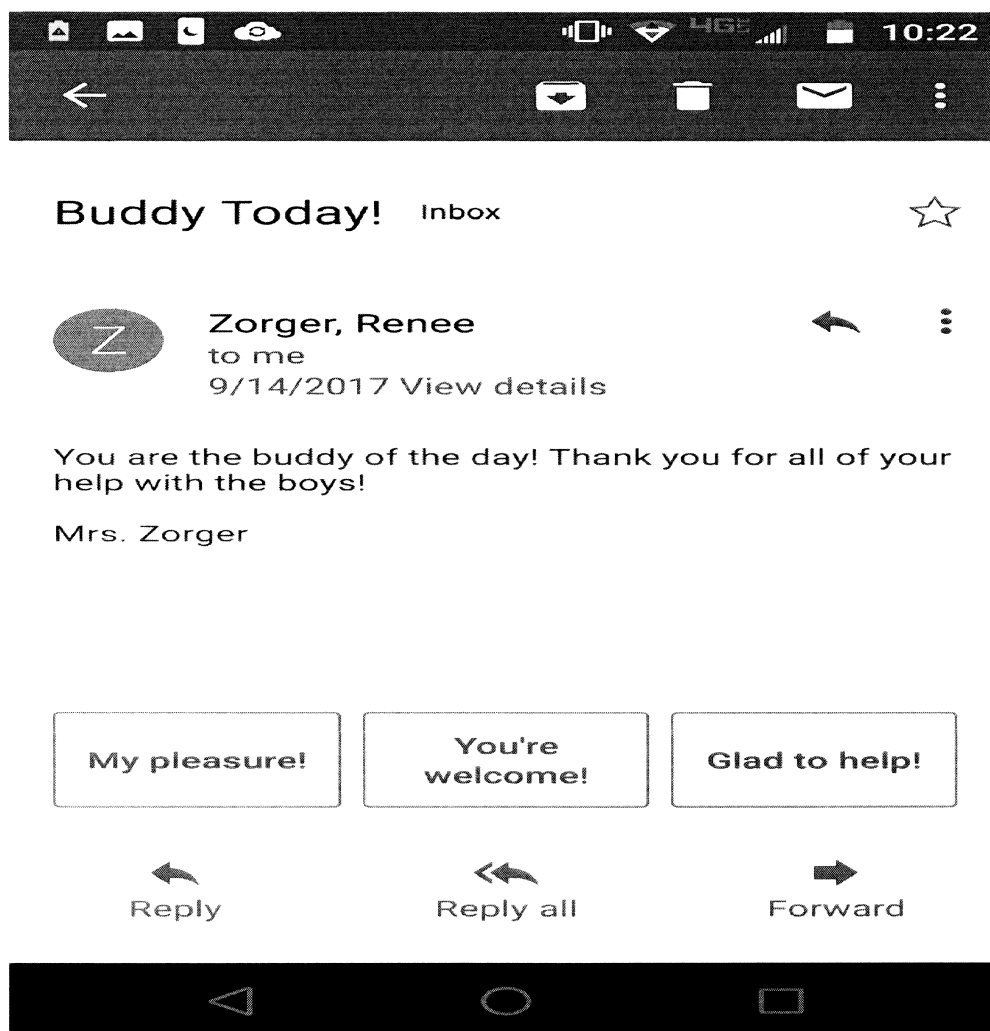
Entry #9 September 9th, 2017: Recently I met with Mrs. Zorger to help determine some details for my major CAS project. What we determined is that one of her students, Michael George, will be a manager for a day for the football team this season. What we determined was that I would basically watch over Mike during a jv football game against Archbishop Moeller High School which is the date we determined would best work for all of us. I will have to continue planning for this by asking the coaches whether they are on board with the idea and discuss any possible concerns they may have for the safety and enjoyability of Mike's day that will be discussed in the future.

<b>Varsity Football Schedule</b>	
<b>2017</b>	
<b>Week</b>	
	Saturday, August 26, 17
1	@ Pine Richland (Gibson, PA)
	Saturday, September 2, 17
2	Glenville @ Lakewood
	Saturday, September 9, 17
3	
	Saturday, September 16, 17
4	Elder @ Lakewood
	Saturday, September 23, 17
5	Buchtel @ Lakewood
	Saturday, September 30, 17
6	@ Naperville Central (Naperville, IL)
	Saturday, October 7, 17
7	Cathedral (Indianapolis, IN) - 1 PM
	Saturday, October 14, 17
8	Canada Prep Academy (Canada) @ Lakewood - 2:00 PM
	Saturday, October 21, 17
9	Moeller @ Lakewood - 4 PM
	Saturday, October 28, 17
	St. Ignatius @ Lakewood

Entry #10 September 26th, 2017: In preparation for Mike's manager for a day outing I have recently spoke with defensive coordinator Peter Pappas and Head Coach Tom Lombardo about any possible concerns they may have. Both liked the idea and thought it would be a good way to support St. Edward football but they did have some concerns. The primary concerns for them was Mike's safety as they wanted to make sure that Mike stayed safely away from the field of play so that he would not get hurt for example if a player was tackled out of bounds on the sideline or that he accidently went on the field during the game. I assured them though that he will be with me at all times and this calmed their concerns.

Entry #11 October 12th, 2017: Last week we finally had Mike's manager for a day outing as my major CAS project. The day went smoothly as both Mike and I had a fun, safe, and enjoyable day on the sidelines for St. Ed's. I had Mike fill up water bottles to feel like he was actually a part of the team for today, but also to cover the coaches concerns about making sure he did not get too close to the action on the field. Mike felt like a part of the team and the players appreciated all that he did for the day. The coaches think that maybe in the future Mike can be a full time manager, but we'll have to wait and see on that.

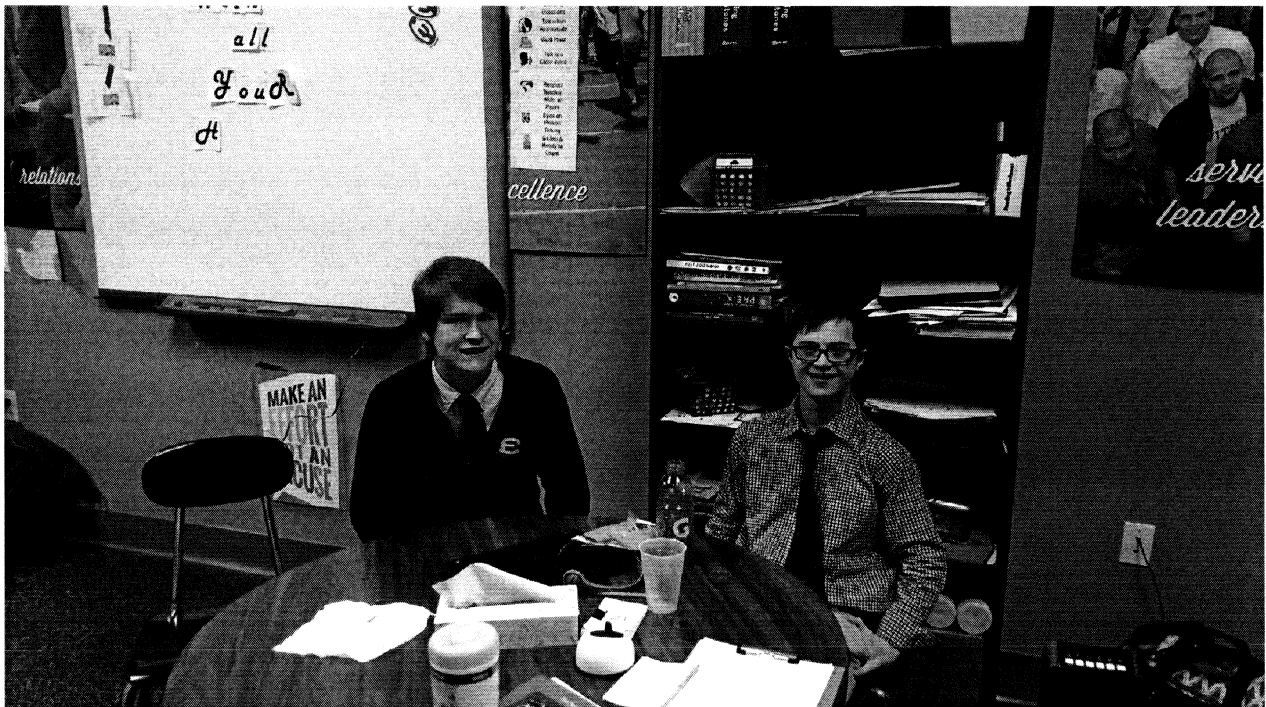
Entry #12 November 2nd, 2017: Ever since the completion of my major CAS project I have been continuing my year long commitment with the Brother Andre Learners in joining them every community period C to do stuff in the community. As I continue to be with this group I am beginning to discover more of my personal strengths. I believe I am beginning to see myself more as a leader in the community around me, I believe I am a man of compassion, and a man of hard work. One thing that this experience has helped me with is to determine my own strengths and helped me to understand that I need to use these strengths in the future.



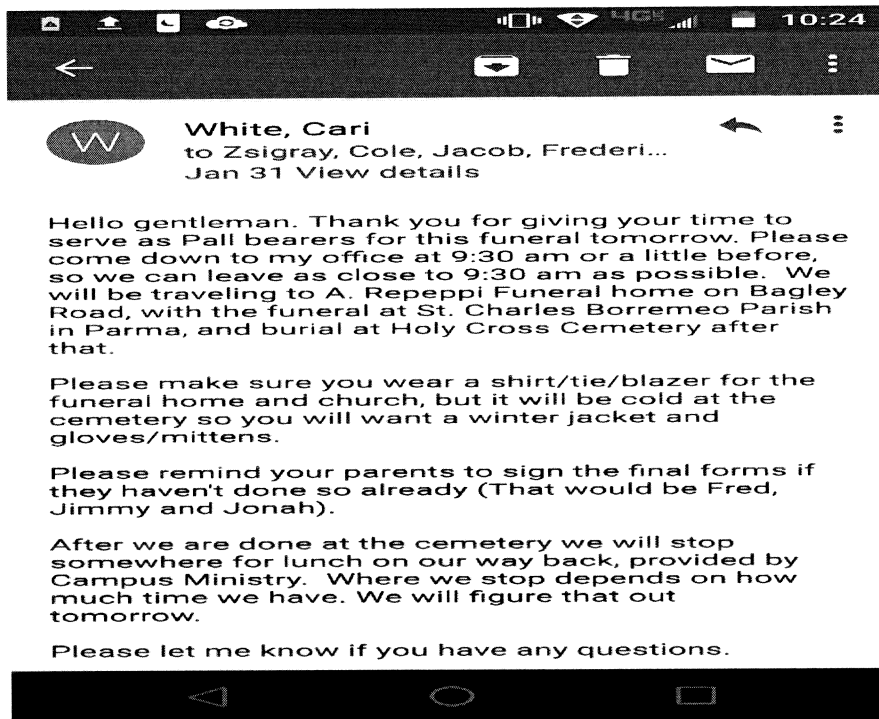
Entry #13 November 20th, 2017: Recently, I met with our IB program director Mr. Stepnowsky to talk about where I was in relation to my CAS project, I told him the good news of how I had completed my major CAS project and how I was still staying involved in what was happening with the Br. Andre Learners. I have really grown in this project though. Most of my life I have been a quiet guy who stayed on the sidelines and not taken any serious action on anything. I believe that I have finally done something to make an influence on the St. Ed's community and that I need to be an active member in my current community and my college community when I arrive there.



Entry #14 December 12th, 2017: Today I continued my responsibility of eating lunch with the Brother Andre Learners once a week. Throughout the year I have become more accustomed to working with the students and becoming more attentive to their individual needs. I personally believe this is one of my strengths. Living with a severely autistic brother I have come to learn that each individual student needs their own specific set of needs match and that there is no cookie cutter method for securing the needs of all the students. I believe that previously working with students with mental disabilities has helped me to work with the Brother Andre Learners and I hope that I can help others with similar problems in the future.



Entry #15 January 17th, 2018: Today, I went pallbearing with five other edsman for the wife of a graduating member of the class of 1955. This was the second time I have done this and reminds me of the importance a person's action can have on the community. Pallbearing or any service I have found out is very important and impactful to the local community and can do an amazing job of improving the community you live in. Service I have found out at my high school is like paying back to the community of students, alumni, faculty, and people of our city. We do service because it is part of who we are as a student and member of our high school as we all want to leave our mark of improvement on the school.



Insert Final meeting reflection here