

Everlasting Hope
The Ugandan Film Expedition
May 2018

Table of Contents:

CAS Project Reflection Essay:	pp. 3
Experiences:	pp. 4-12
Profile:	pp. 13
Final interview reflection:	pp. 14
Appendix:	pp. 15-20

CAS Project Essay (300 word min)

Please describe you CAS project and how it fulfilled the CAS requirements.

My main CAS project took place in July and August 2017 when traveled to Uganda as a part of a film crew to film a promotional documentary called *Everlasting Hope* for a philanthropic foundation called St. Kizito. The St. Kizito Foundation raises funding in the United States in order to provide scholarships to underprivileged youth in Uganda so that they may be able to attend primary and secondary school. Our goal was to collect film footage and interviews during our approximately two week trip in order to capture the work that the foundation does in Uganda so that we could help raise awareness for their cause and work. We stayed as a group at the foundation's school called St. Monica, and traveled around the surrounding area in Gulu, Uganda to different schools where we interviewed teachers and students who benefitted in some way through the St. Kizito Foundation. I was a part of a five person film crew made up of other IB film students, and I worked as the audio engineer for the project. Additionally, I worked throughout the trip capturing B-roll footage that we could use in our final film product.

This project fulfilled CAS requirements because it hit on all three main areas of creativity, action, and service, in some way. Creatively, our project was entirely based around producing an original film that we could take in our own direction. Action wise, our whole project was based around travel and meeting people globally as well as actually filming and editing together the footage we collected once we got back home. Service wise, our whole purpose for producing this film was to raise awareness for getting access to education to impoverished areas of the world, and to do pro bono film work for a philanthropic organization that does service work globally. On top of the actual trip that we took to Uganda, this project as a whole started in the spring of 2017 with planning and elements of it are still taking place into the present with myself submitting written experiences to be published on the St. Kizito website. Lastly, this project was built entirely around collaborating together with other individuals as a collective group by coming together as a film crew to put together our final film project that was given to the St. Kizito Foundation for their own use.

This project was a personally impactful thing due to the global connections that I gained from it. It made me an even more open minded person than I had previously thought I was and brought to me my own awareness about just how important access to education is. I believe that my project has the continued impact of raising awareness for what this foundation does and could possibly have the long term effect of the foundation bringing in more donations that they can use to support the students in Uganda who they currently do not have the resources to support.

Experiences:

Extending reflection (making final revisions to your reflections)

Single CAS Experiences:

Experience #1: For this summer I have made a weekly exercise plan for me to follow until I leave for my Uganda film trip in late July 2017. I will be completing a 2-3 mile run every Monday, Wednesday, and Friday morning in the Metroparks. On Tuesday, Thursday, and Saturday I will be doing core circuits. (May 10, 2017)

- **Reflection: (What areas of personal growth do you think you will gain from doing your CAS project?)** A personal challenge that I am undertaking here is self betterment physically. I have not been in season for a sport for approximately eight months and I wish to be able to get into shape before I leave for my film trip to Uganda in July. By organizing an exercise plan for myself this summer I am also working on my planning and organization skills that can be used elsewhere in my life. This exercise plan will be challenging because I am not used to working out on a regular basis anymore and I plan to reevaluate specifics of my plan after the first few weeks to help it better fit my physical capabilities in the moment. Through this I am sharpening my ability to put together a cohesive plan for myself to be able to follow and will also challenge myself to adopt a healthier lifestyle after a stressful school year. The plan that I have set up for myself will have me work towards a set goal of running 6-9 miles a week and will allow me to increase that distance as time goes on.

Experience #2: On Saturday June 10, 2017 I attended the Parade The Circle Festival in downtown Cleveland. The festival is a blend of different ethnic art displays, a parade that highlights different artistic expression from an arrange of cultures, and food vendors that are native to the Cleveland area. The festival is located outside of the Cleveland Museum of Art which I also spent a large amount of time in looking at different exhibits that are currently there. I attended the festival with my friends Anthony Perrins and David Pratt. (June 10, 2017)

- **Reflection: (What areas of personal growth do you think you gained from this experience?/What area of global importance does the experience deal with?)** I try to attend this festival every year and this is the first year that I was able to go with friends. I find that it helps me grow personally by being exposed to artistic mediums from different cultures that I may not see on a daily basis. Every year I end up seeing something different in the art that I did not see the year before. I have found, especially after discussing what is considered art in Theory of Knowledge this past year, that there is more than one way to view a work of art. You can take in art as a whole or dwell on the specific details that it possesses. This festival and my art museum visit allowed me to grow in accepting others and their interpretations of their lives that they put into their art. I found also that going with friends allowed my to grow in my communication skills because I we were able to actually verbalize what we felt towards specific works of art and it allowed me to also broaden my mind to accept different viewpoints on a same subject. It was able to help deepen my pro-globalization views that have become a key

part of who I am in my life and gave me a cultural experience that I cannot get the other 364 days a year. It was also a relaxing way to kick the summer off and allowed for fostering intellectual improvement. (Refer to Appendix section A for visual)

Experience #3: I attended the second meeting of the secretariat of the Cleveland International Model United Nations conference of 2018 to work on organizing the conference that will take place in February 2018. The conference is run in part by St. Edward High School and the Cleveland Council On World Affairs. I was appointed last year as Deputy Secretary General for the conference and am second from the top in leadership for the conference. (July 2, 2017)

- **Reflection: (What areas of personal growth do you think you will gain from this experience?/What area of global importance does the experience deal with?)**

During the meeting we discussed topics for each committee for the conference and I finalized my topics for the United Nations Security Council. We spent the entirety of two hours going over research reports for each topic of which I will be writing two of for my committee. During this time I collaborated with the other Deputy Secretary General in my committee and discussed possible solutions to problems like the North Korean weapons program as well as a current arms trade embargo by the United Nations on Libya. This meeting, which is the second I have attended this summer, helped to strengthen my planning skills as well as collaboration skills with the other people who are helping to set the conference up for next year. This activity also helped to bring me in contact with global engagement because I was dealing with topics that are of international importance as well as the fact that the conference I am planning will put me in contact with international students during the conference. (Refer to Appendix section B for visual)

Experience #4: The St. Edward High School film department puts together a web series called "Hot Wingz" that is distributed throughout the school. Hot Wingz is a talk show in which a student interviewer talks with a teacher or faculty member in order for students around school to get to know who teachers are that they may not have in class. During the interview, the interviewer and interviewee eat increasingly spicy chicken wings. Since August, I have both helped with filming the show on multiple occasions and have also hosted the show. (August-October 2017)

- **Reflection: (Explain your leadership role for this project such as planning and initiating activities?/How do you work collaboratively with others in this experience?)**

Since August 2017, I have been involved with producing the St. Edward web series *Hot Wingz*. The show highlights a teacher or faculty member of the school who comes on the show to answer questions about themselves, and to promote clubs/activities that they may run. For this project, I have been in both a camera operator and the host of the show. I help to ensure that filming runs smoothly for the episodes I have worked on, and how to work with the other four to five people on the crew that produce each episode. For this project, I help to make interview questions for each guest that comes on the show and help with promoting certain clubs/activities that the guests may want to tell the school about. I have recently started to host the show when the main

host is unavailable, and am in charge of making sure that I am engaging with the interviewee in a fun way each episode. This project helps to introduce the student body to teachers and activities that they may not know much about, and it helps to bring the school community together. This project has also helped to sharpen my film skills as an IB film student, and carries some of the same lessons in filming that my film trip to Uganda carried. (Refer to Appendix section C for visual)

Experience #5: For the month of September, my friends and I have decided to meet for weekly study sessions after school to get homework done. We usually go to a coffee shop and stay for about two hours while we work on what we need to get done together. Since the beginning of the school year we have tried to meet Mondays and Thursdays each week. (September 2017)

- **Reflection: (What areas of personal growth do you think you will gain from this experience?/How do you work collaboratively with others in this experience?)**

Since the beginning of the school year, my friends and I have been meeting Mondays and Thursdays at coffee shops after the school day to work on homework together. This school year so far has been the toughest that any of us have ever experienced in high school and we decided that we would all benefit if we work together to get through this rough time that we are going through. Being able to sit down and do work with my peers (most of the time they have the same work I have to do except for friends that go to other schools) makes things a little easier. We can relate to each other and our struggles to get certain things done as well as help each other get those things done. I think I personally have been growing from this experience because it has kept me on track with my time management to get things done and also has pushed me to push myself to embrace the struggle that I am going through. It also is strengthening my relationship with my friends because through this experience we are able to relate to each other in our shared frustrations with our work as well as what we are gaining intellectually from the work that we are doing. Collaboratively, we were able to plan out when to have these study sessions and also are able to coordinate helping each other with our work. Some of my friends are better at math and science than I am and this experience has allowed me to be able to learn something from them when I struggle in either one of those subjects. The same goes with me being able to help out my friends in subjects that they may be struggling with that I excel at. Overall, these study sessions have made things a lot easier in a time where nothing seems easy and simple to get through. We are hoping to keep this setup running for the rest of the school year or as long as we need to. (Refer to Appendix section D for visual)

Experience #6: I volunteered to participate in an IB immersion event at school that invited prospective eighth grade students to learn more about what the IB Diploma Program has to offer in relation to the high school experience. (November 14, 2017)

- **Reflection: (Explain your leadership role for this activity/How did you work collaboratively on this experience with others?)** I volunteered to help at an IB immersion event to talk about the opportunities that IB offers to potential students looking at my school. During this event, I specifically worked with another IB film student

and talked about the IB film program to prospective film students and their families. Both my partner and I took a leadership role in delivering several short presentations to groups of parents and outlining the benefits that IB film and the IB program has in general. Working with my friend Jack to present to these parents furthered my ability to work well with someone while working on a group presentation and furthered my public speaking abilities. (Refer to Appendix section E for visual)

Experience #7: My friends and I got together and cooked a Thanksgiving meal to share with one another on the first day of Thanksgiving break. (November 18, 2017)

- **Reflection: (How will you work collaboratively with others in your experience?/What areas of personal growth do you think you will gain from doing your CAS experience?)** On Saturday November 18, 2017 my friends and I got together and cooked a Thanksgiving meal to share with one another. This experience taught me how to work with my friends to plan a rather large group dinner (there were 15 of us) and also made me realize just how thankful I am to have them in my life. The process of going through the IB program has been rough to say the least, and my friends (most of whom who are in IB) have been supportive of me throughout the process. This dinner allowed me to come closer together with those exact friends to share our common struggles together. Personally this dinner helped me grow in my relationships with the people who were there at the dinner, and it also gave me the opportunity to understand the benefits of taking a step back from stress in an attempt to find some balance in my life. This dinner also made me even more thankful for the remaining time I have left with my friends before we go off to college next fall.

Experience #8: I volunteered to chair and run a committee at a Model United Nations conference for high school students that was run by the Cleveland Council on World Affairs. I took time off of school to do this, and I helped set the conference up both days. (December 6-7, 2017)

- **Reflection: (Explain your leadership role in this activity/How did you work collaboratively in this activity?)** I volunteered to chair a committee at a Model United Nations conference set up by the Cleveland Council on World Affairs. During the two days that I was helping to lead this event, I was guiding delegates through the debate process on issues pertaining to economics and social related things. I worked closely with another girl who was appointed to help run my committee, and the two of us had to balance out the work that the conference required from us. Prior to the conference I had to read position papers that each delegate had written on the topics in my committee. During the two days I made sure that delegates had what they needed to be successful in their participation in Model UN, and I also helped run errands around the conference for whatever was needed. I not only had to work collaboratively with my co-chair to ensure that the committee process flowed smoothly, but I had to work closely with the delegates in order to make sure that they understood what they needed to do and what was going on. I proofread resolutions delegates wrote in committee before they could be

considered for debate, and I also had to choose awards for the delegates in my committee with my co-chair. (Refer to Appendix section F for visual)

Uganda Film Trip CAS Experiences:

Experience #1: This meeting set up goals for what the final CAS project promotional film should look like for the St. Kizito Foundation. It also prepped myself and the others in the film crew for what we should expect to see in Uganda. (April 26, 2017)

- **Reflection: (What new challenges and skills are you undertaking by conducting your project?)** During this meeting with the St. Kizito Foundation's founder Father Don Dunson, we discussed what the final film project for the foundation should look like. What was originally planned to be a 6-7 minute short film promotion turned into a plan to make a documentary on the foundation, the school it runs, and the neighboring areas outside the school in Gulu, Uganda that will run approximately 30 minutes or more. This poses a new challenge for the entire film team working on this CAS project. We will only have a finite time in Gulu as part of our trip to Uganda so we will have to work as diligently and as efficiently as possible while we are there to get as much footage as we can. This also means that we will also have to function as a collaborative group with clearly defined roles. My personal role which was discussed for part of the meeting (which I am sound engineering for the film) has undertaken being responsible for collecting audio of the ethnic music of the area to act as a soundtrack for the film. The extended length of this film will also pose a new challenge once we get back from Uganda. The St. Kizito Foundation would like to show the film at their annual event in October as well as to possibly hand over the footage to a New Orleans based Catholic television station that highlights humanitarian work so that they can air the film we've made on television. These give us hard deadlines to meet even before CAS is officially over for the school year so we will have to expedite the editing process and get it done as soon as we can once we get back. The original 6-7 minute film would have taken a few weeks to edit completely in a way that would look professional but due to the time extension on it this process has been possibly tripled in time. (Refer to Appendix section G for visual)

Experience #2: I have spent the past week preparing to leave for my film expedition to Uganda which leaves tomorrow evening. (July 15-23, 2017)

- **Reflection: (What areas of personal growth do you think you will gain from doing your CAS project?/What new challenges and skills are you undertaking by conducting your project?)** I have spent the past week preparing to leave for my film expedition to Uganda which leaves tomorrow evening. During this time I have packed my suitcase as well as went through and organized all of the film equipment the documentary team is taking. I have made multiple trips to the store to buy supplies for my extended travel. Tonight I completed my packing and gathered all of the things together that I need for tomorrow night to take with me on my flights. I have started taking my medications that I need to take with me for my trip, like my malaria medicine, this

morning. This helped me to improve my preparation and planning skills because I have not packed for a trip this long for myself before. During my packing I was able to make sure that I was taking only that most important things that I needed to bring with me and it helped me with my organization as well. (Refer to Appendix section H for visual)

Experience #3: I left for my Uganda film expedition on July 24, 2017, and due to flight delays and cancellations I did not get to Uganda until Thursday July 27. I did not arrive at my final destination in Uganda until Friday July 28. I originally was supposed to get to my final destination on Wednesday July 26, 2017. (July 24-28, 2017)

- **Reflection: (What areas of personal growth do you think you will gain from doing your CAS project?/How will you overcome possible obstacles?)** Getting to Uganda to produce my film that I am using as my main CAS project was extremely eventful and did not go according to plan from the start. Originally my group was supposed to leave Cleveland on a 7:30 p.m. flight to Boston, Massachusetts on Monday July 24 and then catch an 11:30 p.m. flight to Dubai. We were supposed to spend Tuesday night in Dubai and fly out early the next morning to Entebbe, Uganda so we could drive to Gulu, Uganda where we were started our filming at. When I got to the airport Monday night immediately our flight to Boston was delayed which made us miss our connection to Dubai that night. We finally got to Boston late that night and spent the night in a hotel. We spent all of Tuesday touring Boston until we had to leave for the airport late that night. We were found an 11:30 p.m. flight out of Boston to Istanbul, Turkey with a connecting flight leaving Turkey for Entebbe on Wednesday. We got to the airport early and were through security by 8:30 and waited for our flight. About an hour before our flight was scheduled to take off it was announced there was a delay for mechanical issues and at around midnight it was announced the flight was canceled entirely. The flight was quickly put back on a delay after the initial cancellation and the airline kept us waiting until 3 a.m. to tell us for sure that the flight to Istanbul was cancelled. We spent the rest of the night in the airport without sleep trying to organize another flight plan and it was even discussed that the trip might be cancelled. Finally early in the morning on Wednesday we were able to get a flight out to JFK airport in New York City with a connecting flight to Dubai and then another connecting flight to Entebbe. In all we spent most of the next twenty hours on flights and we finally landed in Entebbe at around 4 p.m. on Thursday afternoon. From there we had a nearly seven hour van ride to St. Monica's, the school we stayed at for the duration of filming in Gulu, and did not get into Gulu until 1:30 a.m. on Friday. We also had to start filming the next morning after we got there with very little down time to recover from nearly 80 hours of travel. Throughout this whole travel experience we were all challenged to keep positive and to keep moving despite the repeated travel hiccups that we may have had thrown at us. This was an obstacle to our trip that was one of the hardest things to overcome and in the moment I thought that I was not going to be able to make it. Myself and the rest of my team overcame this by bolstering each other's morale and staying as positive as we could. (Refer to Appendix section I for visual)

Experience #4: We spent from Thursday July 27, 2017 through Monday Jul 31, 2017 doing our main filming work for the documentary that we are in the process of producing for the St. Kizito Foundation. We filmed on location in Entebbe, Kampala, Gulu, and Jinja which are all cities and towns in Uganda. (July 27-31, 2017)

- **Reflection: (What area of global importance is your project impacting?/What areas of personal growth do you think you will gain from doing your CAS project?/How will you work collaboratively with others in your project? Are there ethical concerns for your project, and if so how will you address them?)** From almost the moment we touched down in Uganda to when we left we used the majority of our time for filming. During our van ride to Gulu from Entebbe on Thursday evening, we took the time to capture hours of B-roll footage to use in our final documentary. Most of this footage was driving through the country's capital of Kampala. On Friday July 28, 2017 we did the bulk of our filming. Starting in the morning at around 9:30 a.m. we did interviews with student graduates who the St. Kizito Foundation had supported when they were in school and also some administrators of the school that St. Kizito runs. Throughout the day we visited three different schools and one family's home to gather interviews. In all we interviewed ten different people who had a connection to the foundation and highlighted the good that it does and what it needs to continue growing. On Saturday evening we did our final St. Kizito interview with the St. Kizito Foundation's director and founder Father Don Dunson who is a Catholic priest who has worked in Uganda since the early 2000's. In Jinja, Uganda on Monday July 31, 2017 we did a side film project for the Haileybury Youth Trust which is an organization that tries to train younger Ugandans in sustainable construction practices while also limiting the need for deforestation in building schools, homes, etc. During filming such as this we have to make ethical choices about how we should portray our film subjects. We actively avoided making the stories of these people sob stories that show in a negative light the circumstances that some of these people were brought up in such as loss of parents from HIV. Instead we actively sought to show how the foundations brought positivity into people's circumstances and how wide ranging the ambitions of the foundations are. The interviews we did allowed every member of the film team to directly interact with the people of Uganda and to make relationships that are going to last for years. For this documentary I was the crew's sound engineer and recording and mixed the audio for the interviews that we did. I also helped to film much of the B-roll footage that we gathered on our trip. My skills as a sound engineer improved greatly over the course of the trip and also collaborating effectively with others on the film crew to get the best possible footage and audio that we could get. Filming interviews also reinforced in me my belief that access to affordable education is one of the number one global challenges that we face and that education is the tool that we can use most effectively to help solve many of our other problems that plague our world. This project really impacts greatly upon the area of global importance. This film is something unique because it bridges a wide cultural gap between life here in the United States and a country like Uganda and not only helps to create an understanding between different cultures about what life is like in

someone else's shoes but it also serves to promote access to education in developing nations. My hope is that this film is able to raise awareness for what the St. Kizito Foundation is and is able to secure additional funding to increase the number of students in Uganda that the foundation is able to represent. Access to education is one the most pressing global needs at this time and this project really tackled that need. (Refer to Appendix section J for visual)

Experience #5: On Saturday July 29, 2017 and Sunday July 30, 2017 we took some time in between filming for the St. Kizito documentary to go on a few different excursions which included taking a safari tour of Uganda's biggest national park Murchison Falls near Gulu as well as a Nile River boat tour and going kayaking on Lake Victoria at the source of the Nile in Jinja, Uganda. (July 29-30, 2017)

- **Reflection: (What area of global importance is your project impacting?/What areas of personal growth do you think you will gain from doing your CAS project?/How will you work collaboratively with others in your project?)** The experiences I had outside of my main film project in Uganda also had their own impacts upon me that made me grow as a person. The outward beauty of the natural world that I saw on my safari, Nile River tour, and kayaking on the Nile really made me grow in the way I see our world. I am used to the developed first world major city and really truly did not appreciate the world outside of my own like I thought I did before this trip. This project and trip made me more open minded about the experiences I have and to not settle for seeing the world as I presently see it. My safari and Nile River tour made me realize that the developing world has benefits to it that the developed world does not; its nature is still vastly preserved and untouched by industrialization. During my kayaking experience I was paired up with our driver Donald. I didn't know Donald extremely well and he didn't know how to kayak. This experience also helped me to grow in trusting other people around me and working together with others. I would have preferred to be in a single kayak but being in a double forced me to have to trust Donald and work constructively with him so we could kayak efficiently. These extra experiences I was able to have on my trip made me grow in how I look at the world outside of my own daily one and also how I interact with other people. (Refer to Appendix section K for visual)

Experience #6: On our way back from Uganda, we flew to the United Arab Emirates on August 1, 2017 and spent two days in Dubai before coming home finally on Friday August 4, 2017. (August 1-3, 2017).

- **Reflection: (What area of global importance does the experience deal with?)** On our way back home from our film trip to Uganda, we spent two days in Dubai, UAE. This experience brought me into further contact with a new global setting and culture that I have never been exposed to in my lifetime. It challenged me to be open to a Middle Eastern culture that in some ways was more alien to me than the culture I had experienced in Uganda. Dubai itself, without the Middle Eastern aspect of it taken into account, is radically different anyway due to the extraordinarily sumptuous environment that makes up the city, i.e. Jaguar dealerships next to Ferrari, dozens of massive malls,

the fact that Dubai has no homeless living on its streets, and the fact that the average citizen is equivalent to our upper fifteen percent here in the United States. Being exposed to the heavily emphasized Islamic culture also presented to me the opportunity to get to know and understand a culture that has been so drastically distorted in some respects in our own culture here in the United States. This experience was able to contribute even more to my own initial culture shock that Uganda contributed to me and further opened me up to foreign cultural experiences. (Refer to Appendix section L for visual)

Experience #7: I had a meeting with other members of my film group who went to Uganda last summer to film a documentary for the St. Kizito Foundation and board members of the St. Kizito Foundation. Items discussed at the meeting were the planning of editing together additional short documentary segments from the footage we collected in Uganda as well as putting together one final long version of our documentary (15-20 minutes). The board members also requested that we each try to write or put together something that is a reflection of our own personal experiences from filming the work St. Kizito does in Uganda to be published on the organizations new website. (February 12, 2017)

- **Reflection: (What areas of personal growth do you think you will gain from doing your CAS project? How will you work collaboratively with others in your project?)**

Myself and other members of the Uganda film crew who filmed the St. Kizito documentary in Uganda during the summer of 2017 met with St. Kizito board members to discuss further action to publicize the trip we took as well as the documentary. The board members are currently in the process of building a new website for the organization, which will be launched in a few weeks, and requested that we each try to write an op-ed piece or through some other medium that is a reflection on our trip and the documentary that can be published on the new website. This activity will help me to bring closure to the trip that I took and the documentary that I helped make by allowing me to fully reflect on what I personally gained in knowledge and perspective by working directly with the St. Kizito Foundation. This will bring about more personal growth because it will help me to reflect on the full impact that this CAS project had on me as a whole. Additionally it will help to bring my experiences into the public view and will help to further St. Kizito's mission to spread access to education. Additionally it was discussed that the film group and I plan on editing together a longer version of our documentary (15-20 minutes) to give to the St. Kizito Foundation to put on their website as well as putting together mini-documentaries that highlight the personal stories of single individuals from the footage that we collected. This will once again allow me to work collaboratively with my group as a whole in determining what these newly edited films will look like. I will have to work with my group in a way that ensures that there is an equal vision presented in these films from the perspectives that each of us gained from the trip as a whole. (Refer to Appendix section M for visual)

Profile:

I have a wide range of things that I am interested in and passionate about. I am extremely interested in global affairs and with connecting to new people abroad. I am a person who enjoys talking to people and learning the stories that they have to tell about their own lives. I also am interested in politics and activism for different causes that are important to me such as education and voting rights. Over the past year I have gotten heavily into film work through my IB film class and producing films that deal with social issues. I worked on a film this year that highlighted the different stories of Syrian refugees who have escaped to the United States from Syria due to the civil war there. I enjoyed this experience because it combined different passions of mine in the form of activist filmwork. I was also able to get to know the stories of individuals who are from across the globe which also plays into my passions. The CAS project that I am undertaking also fits into this notion of activist filmwork centering on access to education in the country of Uganda. I will be able to meet new people through this project as well as contribute to raising awareness of an important social cause.

The Third Interview Reflection (200 word min)

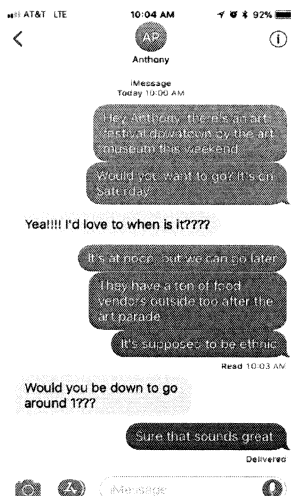
Looking back on everything I did with my main CAS project and other CAS experiences from this past year, I realize now that everything I did was based around broadening my mind. To start with, my main CAS project was all about engaging with others on a global scale and promoting other people to engage with one another. The film I produced in Uganda was just as much for the St. Kizito organization and their mission as it was about shedding light on a different aspect of humanity most individuals are not able to engage with. What I tried to do was take my broadened worldview that this project brought me and bring it to other people. With this came marked growth in who I am. I came to be more empathetic beyond what I already was for people who do not have access to things such as education in developing areas of the world. I came to know a part of our world that is often neglected and forgotten by the rest of the world, and one that is portrayed in a negative light all too often. I grew mainly in my empathy and in my people skills with this project due to the environment that I worked in. Another area of growth for myself was in planning skills and collaboration skills. This project was built around myself interacting and coordinating with the rest of the film crew that I worked with when doing pre-film planning in the months leading up to the film trip, doing the actual filming in Uganda, and finishing up the film in post-production. Additionally, we had to collaborate with the St. Kizito Foundation to work out what kind of film they wanted produced about the organization.

My other CAS experiences outside of my main CAS project were more focused on trying and experiencing new things for myself. Putting together an exercise routine, attending culture festivals, and giving back by volunteering for things such as running Model United Nations conferences were all things I normally would not make an active effort to pursue. These things helped me to grow into a broader worldview that has driven me to try new things that I normally would not.

As a whole I believe that this project helped me grow into a person who is more willing to view the world as a place of opportunity no matter where I may be at. I have grown to see the world as a place of opportunity to learn new things about people I normally would not have a chance to interact with, a place where I am personally able to successfully promote activism for causes such as access to education, and one in which I am always going to be able to do things for myself to help balance my life out. I believe that the time I spent undertaking this project and experience has left a positive impact on the world and on myself personally for years to come. This project also showed me that going through a long process and putting in months of work for something that is not going to benefit myself directly but for another person or group is a worthwhile thing to commit to.

Appendix

A. Cleveland Parade The Circle Festival



B. Cleveland International Model UN Meeting

 **Claudia Stephens** <cstephens18@sjastudents.org> 6/29/17
to Alexis, Vincent, me, Catherine, Quinn, Vikas, Karli, Marshall, Claire, Aoife, Shvanti, Izzie, schultechn, Lily, monakhalafi17, kranzowe, jujohnson.

Hi all:

Here is the agenda for the meeting this Sunday, July 2, at St. Eds from 4 to 6 pm. We should be in the board room just like we were last time. We are going to be taking pictures that will be displayed on the website. You don't need to look formal or anything, dress casually and maybe just don't look like you just rolled out of bed. You should also bring your computers.


- I. Attendance (SGs)
- II. Recap of Last Meeting's Minutes & Assignments (SGs)
- III. *The Plain Delegate* Changes Roundtable Discussion (Head of Logistics)
- IV. A Chat About Slack (Head of Logistics)
- V. Research Paper Outlines (SGs)
- VI. Group Picture (All)
- VII. Headshots (All) [Secretariat will work on research papers while these are done!]
- VIII. Food! (If you want to bring something, go for it!)

Thank you all for submitting your topics on time! They are still being finalized, so for the paragraph assignment, just complete the parts describing what your committee is and its purpose, as well as a little about yourselves. You can see an example on Slack, posted by Ollie in the #general channel. Let us know if you have any other questions about that.

Also, there was some agreement that the next meeting would be a potluck of sorts, so feel free to bring something to share if you'd like.

Please respond to this email if you will not be able to attend the meeting for some reason. Thank you!

C. Hot Wingz

 **Rigutto, Joseph** <rigittojos@sehs.net>
to Nicholas

Hi Mr. Kuhar,

I am still interested in continuing doing work for Hot Wingz taping.

Thank You,
Joe

 **Kuhar, Nicholas** <nkuhar@sehs.net>
to David, me

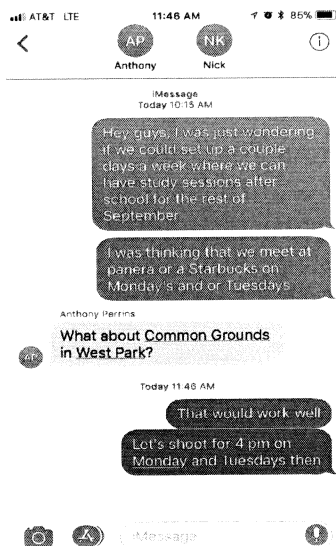
Great--once the schedule is set, I'll send you the dates.

On Fri, Aug 25, 2017 at 10:17 AM, Pratt, David <prattdav@sehs.net> wrote:
Dear Mr. Kuhar,

I just wanted to let you know that I's love to help film these.

David

D. After School Study Sessions



E. IB Immersion Event

Guys,

Thank you for making yourselves available to help at the IB Immersion event next Tuesday. The schedule for the evening is included below.

Please let me know if you have any questions or concerns. This counts as CAS work as well so you could write up that entry during your down time.

IB Immersion Timeline

- 5:00 p.m. -
Light buffet dinner in the freshman hallway
- 5:25 p.m. -
Call for families to move into the Kahl Atrium
- 5:30 p.m. -
Welcome from Matt Stepnowsky with the help of Adam Jones '14
- 5:45 p.m. - 7:30
Students dismissed to class
 - Theory of Knowledge - **Garrett McPartland** - Library
 - Design Technology - **Matt Falk** - L4
 - International Studies - **Suzanne Fairfield** - 204

F. CCWA December Model UN Conference Chairing

Hi guys,

As you know, much of what we have done over the past couple of months has been training for actually chairing the conference. Charlie has just suggested a way for people who want extra experience to gain some. The CCWA Winter Conference at LCCC on December 6 and 7 is currently horribly undermanned, and this would be a great opportunity to get some real life chairing experience. Email Charlie at cpolinko@ccwa.org if you'd like to help out with this!

Thanks
Anthony Perrins and Claudia Stephens
Co-Secretaries General of CLEIMUN18

G. Uganda Meeting

Gents - this is a reminder that we are scheduled to meet in Mr Kuhar's Classroom TOMORROW 3 to 4pm for a Film Technical Check and discussion for the Uganda Trip 2017.

Please drop me a quick email to confirm that you will be there!

Yours

Mr P

Hi Mr. Perrins,

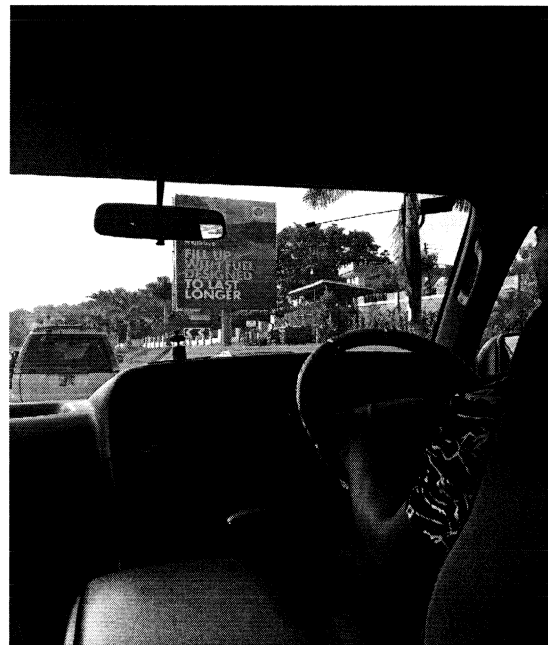
I can only stay tomorrow for the meeting until about 3:30-3:45 because I have to be at work by 4:30.

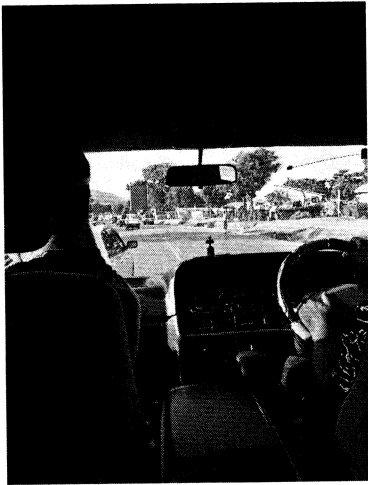
Thanks,
Joe

H. Packing For Uganda

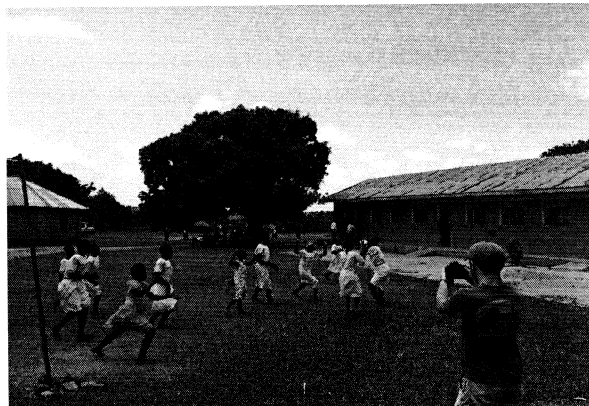
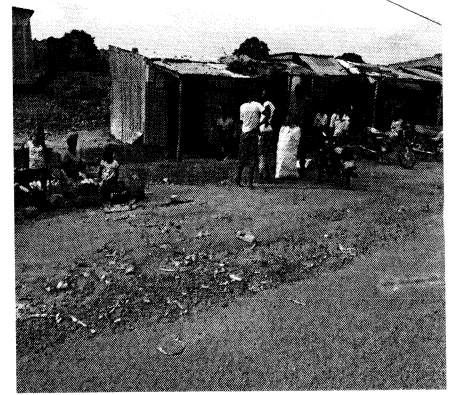
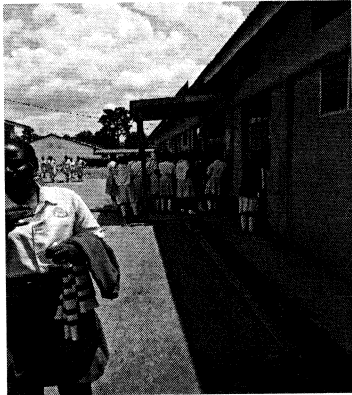


I. Traveling To Uganda





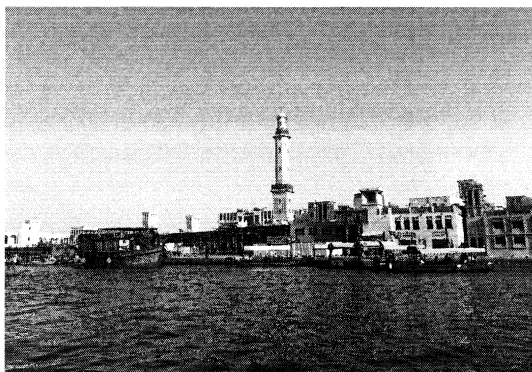
J. Uganda Filming

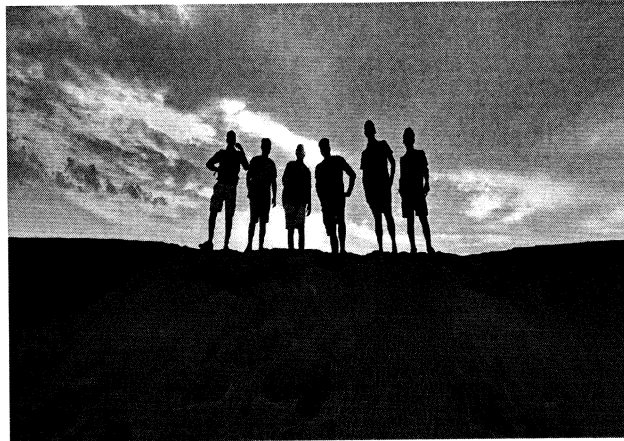
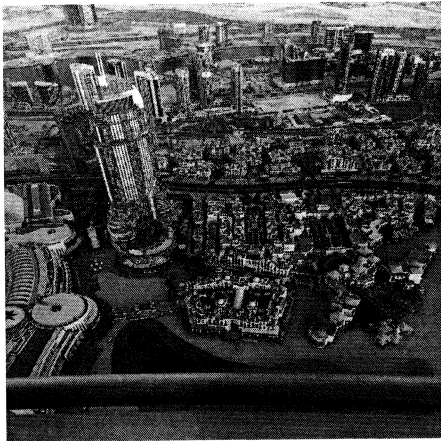


K. Ugandan Excursions



L. Layover In Dubai, UAE





M. Uganda Project Wrap Up Meeting With St. Kizito



Kubrak, Richard <rkubrak@sehs.net>

to John, Austin, Patrick, Rashaad, me, Tim ↵

Students,

This is a reminder that you will all be meeting with the Boepples today at 11:30 AM in the College Counseling Room.

Mr. Isabella will be there initially to do introductions, but I am sure most of you know the Boepples from the party they hosted last year.

Glad you all can attend and be interviewed for the St. Kizito Foundation blog.

Feb 12